
Dr. Paul's Top Potential Causes of Prostate Cancer



Dr. Paul's Holistic Health Network

101 Old York Rd. Suite #103

Jenkintown, PA 19046 - 1.877.377.2854

www.Drpaulherbs.com DrPaul@DrPaulherbs.com

Prostate Checklist

1. Constipation
2. Dehydration
3. Acidosis-PH imbalances
4. Refined Sugar, Refined Salt, Refined Oils
5. Heavy Meats-Nitrite and Nitrates
6. Processed Foods-Ultra Processed Foods
7. Shellfish and all crustacean/Fish-Fins without scales/Industrialized Fish
8. Alcohol, Coffee, Soda, Carbonated beverages, Dairy products, Fermented food and drinks
9. Holding urine too long
10. Urinary Tract Infections
11. Spine Lower lumbar misalignment, subluxation, compression. L1-L5
12. Excessive Ejaculation-practice semen retention
13. Circadian Rhythms/sleep are out of Balance
14. GMO's and BE's (Bio Engineered foods)
15. Long-term Exposure to EMF's-(5G-6G) Electromagnetic Fields. Ex. Carrying Cell Phones in the pockets

Natural Shielding Stones For Protections

From Cell phone and EMF Radiation

1. Shungite
2. Labradorite
3. Amazonite
4. Hematite
5. Clear and Smoky Quartz Crystal
6. Black Tourmaline
7. Pyrite
8. Citrine
9. Rose Quartz
10. Black Garnet/Onyx