



DR. PAUL'S TRADITIONAL HERBS FOR MEN'S HEALTH

Dr. Paul's Holistic Health Network
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www.DrPaulherbs.com or Shop.Drpaulherbs.com

PROSTATE HEALTH

- Incontinence-**
Shepherd's Purse
Wild Alum
Witch Hazel
- Testosterone/Sperm-**
Sarsaparilla
Saw Palmetto
Tribulus
Tongkat Ali
Shilajit, Moringa, Neem
- Blood in Urine-**
Horsetail
Buchu (Madiba Herb)
Comfrey
Golden Seal
Oregon Grape
- Enlarged or Weak Prostate-**
Echinacea
Pygeum
Lycopene
Stinging Nettle
Zinc, Astragalus, Alfalfa
- Erectile Dysfunction ED Tonic-**
Yohimbe
Ginseng
Pygeum
Saw Palmetto
L-Histidine, L-Arginine, L-Ornithine,
L-Citrulline
- Premature Ejaculation-**
Echinacea
Yohimbe
Saw Palmetto
Comfrey
- Stimulation and Libido-**
Damiana
Yohimbe
Horny Goat Weed (Epimedium)
Maca
Sage
Skullcap
- Infection and Inflammation-**
Golden Seal Root (with protocol)
Garlic
Thuja
Pau D' Arco
Buchu (Madiba Herb)
Oregon Grape
- Blood flow for Size/Erection-**
Kigelia (Sausage Tree)
Mondia
Mulondo
Entengo
Muir Puama
- Strengthening Prostate**
Pumpkin Seed Oil
Tribulus
Rye Grass Pollen
Omega 3
Sea Buckthorn
Sea Moss, Chlorella, Astragalus