Dr. Paul's Holistic Health Network

Mind • Body • Spirit • Family • Community • Planet

THIEVES OIL FORMULA

"Ancient Wisdom for Modern Times"

A powerful blend of essential oils traditionally used for cleansing, protection, and freshening the air and environment.

DR. PAUL'S ORIGINAL THIEVES OIL FORMULA

(High-Potency Formula)

From Dr. Paul's Traditional Formula

Clove Bud Essential Oil	40 drops
Lemon Balm Essential Oil	35 drops
Cinnamon Essential Oil (Bark/Leaf)	20 drops
Eucalyptus Essential Oil	15 drops
Rosemary Essential Oil	10 drops

IMPORTANT:

Place the above essential oils in a 2 oz spray bottle of good spring water (bottled at the source).
No purified, filtered, reverse osmosis, or distilled waters.
Shake well before each use.

SAFER EVERYDAY USE FORMULA

(Diluted for Regular Use)

For sensitive skin and daily use, use the same ratio of essential oils but at a lower concentration.

Clove Bud Essential Oil	8 drops
Lemon Balm Essential Oil	7 drops
Cinnamon Essential Oil (Bark/Leaf)	4 drops
Eucalyptus Essential Oil	3 drops
Rosemary Essential Oil	2 drops

Add to a 2 oz spray bottle:

- 24–28 drops total essential oils (about 2% concentration)
- 1 teaspoon high-quality solubilizer (such as witch hazel, vegetable glycerin, or **food grade polysorbate 20**)
- Fill with good spring water (bottled at the source)
- Shake well before each use

HISTORY & LORE

Thieves Oil is popularized by the historical tale of thieves during the time of the Black Plague who supposedly used a blend of aromatic herbs and spices to protect themselves while robbing the sick. While this story may be folklore, the individual plant ingredients have a long history of use in traditional medicine for cleansing, purifying the air, and supporting overall health.

TRADITIONAL USES & POTENTIAL BENEFITS

- Cleansing and freshening the air
- Antibacterial and antiviral properties (laboratory studies)
- Antifungal and antiseptic support
- May help reduce unwanted microorganisms on surfaces
- Traditionally used for respiratory support (aromatherapy)
- Can be used on hands, body, clothes, and household surfaces

WAYS TO USE

- Spray in the air to freshen rooms
- Spray on household surfaces (countertops, doorknobs, etc.)
- Spray lightly on hands and body (test skin first)
- Spray on clothing
- Use in a diffuser for aromatherapy to help clear the lungs
- Shake well before each use

PRECAUTIONS

- Essential oils are highly concentrated.
- Always do a skin patch test first.
- If skin irritation occurs, wipe off with a cool, wet cloth and discontinue use.
- Keep out of eyes, mouth, and sensitive areas.
- Not recommended for children under 10, pregnant or nursing women without professional guidance.
- Use with care around pets.
- For external use only.

Nature's Protection in Every Drop

Dr. Paul's Herbal Formulas
"Food For Your Soul"

Order Your Products Today Online

www.DrPaulHerbs.com

Shop.DrPaulHerbs.com

For Dr. Paul Appointments Call: 215-779-7355 | 1.877.377.2854

Global Millennium International University
Spiritus • Mens • Corpus

GlobalMIU.com

*Not intended to diagnose, treat, cure, or prevent any disease, just "Food For Your Soul!"